

Schools – Presentation or Workshop

Format: 45 - 60 minute keynote *or* Half-day workshop for students

Bullying in Australian schools is an important issue due to its high prevalence among Australian students and the lasting impacts it has beyond a student's school years.

The annual economic impact of bullying in Australian schools totals an estimated \$2.3 billion, incurred while children are in school and for 20 years after school completion. Almost 25% of school students in Australia, or an estimated 910,000 children, experience bullying at some stage during their time in school. It has been estimated that there are around 45 million bullying incidents across all schools each year, instigated by around 543,000 perpetrators.

Carolyn relates her story in an emotional, straight forward and captivating way, guaranteed to hold both your students and teachers attention. She speaks from the heart as she details her true life experiences dealing with such a relevant issue in today's society.

She will let the victims know that they are not alone, that they do have the inner strength, courage and resilience to get through their ordeal and that no one has the power to dictate to them how they should feel.

Carolyn lived through these experiences for over 30 years and is now stronger, more resilient and passionate about helping others to see that they also can thrive to have a bright future ahead.

Target Audience:

- Students
- Teachers and all staff
- Parents

The audience will leave with:

- A bully is someone desperate for power
- No one has the power to dictate to you how you feel
- Identify how you are feeling and know when to ask for help
- You can get through it and become a stronger person
- Teachers: know when to take action

Testimonial:


"I liked how you said we have the power to choose how we feel, and we shouldn't let other people take that from us. Each day we can choose to be happy and do what is right. Thank you for teaching us that lesson.

One part of your talk that I am especially grateful for is when you said that even though we might feel like people are always talking about us, they most likely aren't. This has really helped me lately with worrying about what people might be thinking about me, when they most likely have their minds on something completely different. Your talk had a great impact on me."

Ella Robinson, Student, Camberwell Girls School

Contact Carolyn directly. She would love to help you inspire your group!

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